ABC

European Anti-Bullying Certification

School Safety Survey – Student

2017-1-NL01-KA201-035172

Updated version 15th March 2019

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| **Project title** | European Anti-Bullying Certification (ABC) project |
| **Reference number** | 2017-1-NL01-KA201-035172 |
| **Dissemination Level** | Public (for pilot schools and feedback committees) |
| **Due Date of Deliverable** | n/a |
| **Actual Submission Date** | 15-3-2019 |
| **Work Package, Task** | IO – 2 Survey students |
| **Type** | survey |
| **Version** | Version 2.1 |
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# INTRODUCTION

Welcome to this survey. The survey is about how students interact with each other and with teachers in school. We use your responses to help the school to make the situation better.

When you fill in the survey, you give us (the school and the researchers) permission to use your answers to make a report. Your answers are completely anonymous, this means that no-one can tell that these answers are your personal answers.

Please be honest about all the answers. This is not an exam. We just want to use the answers to improve the school.

If you don’t understand a question, ask the teacher or the researcher to explain it for you. If you doubt what is the best answer, choose the one that came up to you first. There are no wrong answers.

# THE QUESTIONS

There are 20 questions.

**Instruction:**

### Do you agree with the following statements about your feelings?

**Answer categories**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

**Items:**

1. In general, I am satisfied with myself.
2. I think I have several good qualities.
3. I can do things just as good as most other people.
4. I think I have not much to be proud of.
5. Now and again I feel useless.
6. I wish I had more respect for myself.
7. I am inclined to think that I am a failure.
8. I respect myself.

**Instruction:**

### Do you agree with the following statements on how you see yourself?

There are no good or bad answers, so please answer honestly.

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

**Items**:

1. I often say I like something, even if I don't like it
2. I often say I agree even when I don't really agree
3. I would change myself if this gives me something that I really want
4. For me it is easy to do as if I'm somebody who is different from what I really am
5. I always act according to my opinion, even when other people reject it for it
6. I often do things that I don't want in order not to disappoint people
7. My wishes and needs are shown through my behaviour
8. I am (almost) always myself with others

**Instruction:**

The following questions are about how often you experience unpleasant incidents in school

### During the last 12 months, how often did you experience that at school?

**Answer categories:**

1 = Never or almost never

2 = A few times a year

3= A few times a month or more

1. Other students left me out of things on purpose
2. Other students insulted me
3. Other students made fun of me
4. Other students spread nasty rumours about me
5. Other students took away or destroyed things that belong to me
6. Other students waited for me so that they can hurt me
7. Someone said me that he/she will do something to me in the future
8. Other students hit me or pushed me around
9. Other students hurt me with a weapon
10. Other students forced me to give them money or stuff
11. A boy touched me erotically and without my will
12. A girl touched me erotically and without my will
13. A group from my school bothered me
14. A group not from my school bothered me
15. A teacher made fun of me
16. A teacher insulted me
17. A teacher hurt me on purpose
18. A teacher touched me erotically
19. Other students made fun of me in a chat room
20. Other students threatened me in a chat room
21. Someone sent me an email that made me very angry
22. Someone posted something on my own social media page that caused me uncomfortable feelings
23. Someone shared a post about me that I didn’t want others to see
24. Someone shared a picture of me without my permission
25. I saw an instant message (chat) that made me upset or uncomfortable.
26. Someone threaten me badly while I am online

**Instructions**

**Sometimes you see that a classmate experiences something unpleasant. Who does usually help him/her?**

### During the last 12 months, how often did the following people help a student who experienced unpleasant things at school?

(With “unpleasant experiences” we mean things like being left out of things on purpose, being ridiculed or made fun of, rumors, your things being stolen or destroyed, being pursued, threatened, pushed, had to give money, touch against your will, bothered or hurt by other students or teachers, being bullied or afraid online.)

**Answer categories:**

1 = Never or almost never

2 = A few times a year

3= A few times a month or more

1. His/her classmates helped him/her
2. His/her best friend helped him/her
3. Other students from other classes helped him/her
4. The classteacher/mentor helped him/her
5. Another teacher helped him/her

### Please indicate if you agree or disagree with the following statements about your school

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. At school, you can always ask someone to help you
2. At school, you can always get the help you need
3. At school, you know exactly with whom and how you can file a complaint
4. The school punishes students who bully or act unpleasant
5. The school helps students who experience something unpleasant
6. In class and in school, there are clear rules
7. The rules have been decided by both students and teachers
8. The teachers implement the rules in the same way for all students
9. The teachers pay attention students abide by the rules
10. At school, If you do something you are not allowed, you get a fair punishment

**Instructions**

The following questions are about how important you think it is to do something against unpleasant behaviour like bullying.

### How bad and/or good do you consider these behaviours at school?

**Answer categories:**

1 = bad

2 = not so bad

3 = neutral

4 = not so good

5= good

1. Students leave someone out of things on purpose
2. Students insult one or more students
3. Students make fun of someone
4. Students spread nasty rumours about someone
5. Students take away or destroy things that belong to someone
6. Students wait for a person or pursued her/him
7. Students threaten other students
8. Students hit or push around other students
9. Students hurt other students with a weapon
10. Students ask other students for money or stuff
11. Students touch a boy/a girl without his/her will
12. Students from the school bother another student
13. Students not from the school bother another student
14. Teachers ridicule a student on purpose
15. Teachers insult a student on purpose
16. Teachers hurt a student on purpose.

**Instructions**

The following questions are about social acceptance of diversity in school.

### In case you experienced something unpleasant yourself, why did others act unpleasant to you, in your opinion?

**If others did NEVER act unpleasant to you, you can SKIP this question.**

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. because of how I look
2. because of what I can do well or cannot do well
3. because of my cultural background
4. because of the country I come from
5. because of my religion
6. because of the way I speak or write
7. because I am a boy or a girl
8. because my parents are different from other parents
9. other reasons…

**7.1 If you answered “because I am a girl” please explain why**

because I behave different than other girls yes□ no□

because they think I am lesbian yes□ no□

**7.2 If you answered “because I am a boy” please explain why**

because I behave different than other boys yes□ no□

because they think I am gay yes□ no□

### Why did you act unpleasant to someone?

**If you NEVER acted unpleasant to someone, you can SKIP this question.**

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. because of how s/he looks
2. because of what s/he can do well or cannot do so well
3. because of her/his background or culture
4. because s/he comes from another country
5. because of her/his religion
6. because of the way s/he speaks or writes
7. because it’s a boy or girl
8. because her/his parents are different from other parents
9. other reasons…

**8.1 If you answered “because It’s a girl” please explain why**

because she behaves different than other girls yes□ no□

because I think she is lesbian yes□ no□

**8.2 If you answered “because It’s a boy” please explain why**

because he behaves different than other boys yes□ no□

because I think he is gay yes□ no□

**Instructions**

The following questions are about how you think about the social safety in your school.

### In general, the emotion you feel most at school is…

(you can tick only one answer)

1. happiness
2. surprise
3. trust
4. hope
5. pride
6. sadness
7. fear
8. rage
9. disgust
10. anxiety
11. boredom

### I think our school is safe enough to:

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. to be yourself
2. to give your own opinion (even if it is different than other opinion)
3. to choose and to do what you want
4. to stand for your own faith community (even if it represents the minority)
5. to tell honestly your own sexual orientation

### I think everyone feels SAFE IN:

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. the classroom
2. the toilets
3. the lunch area/restaurant (if applicable)
4. the schoolyard
5. the school neighbourhood
6. the hallways

### Students feel SAFE BECAUSE teachers:

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. Teachers talk about social inequality; social injustice and take measures to prevent it
2. Teachers involve students in drafting the class rules
3. Teachers involve students in decisions about participation in projects, activities
4. There are groups discussion with students to jointly solve problems that arise in class or in the school area
5. Teachers correct a student if he/she has discriminatory behaviours
6. Teachers correct a student if he/she makes discriminatory comment about a man or a woman
7. Teachers correct a student if he/she makes discriminatory comment about homosexuals/lesbians/bisexual
8. Teachers correct a student if he/she makes discriminatory comment about migrants
9. Teachers set perpetrator apart from the group and explore with him/her what happened so to take measures
10. Teachers set victim apart from the group and explore with him/her what happened so to help him/her
11. Teachers solve bullying episodes without blaming students

### Students feel SAFE BECAUSE other students:

**Answer categories:**

1 = strongly disagree

2 = disagree

3 = don't agree, don't disagree

4 = agree

5 = strongly agree

1. help well when a classmate asks for help
2. act well against violence
3. act well against discrimination
4. encourage a schoolmate to report unpleased behaviours
5. are aware of procedures to follow in case of unpleased behaviour s
6. support each other in case of unpleased behaviours

### What are you? (boy, girl, other)

**Answer categories:**

1 = Boy

2 = Girl

3 = Other

### When are you born?

(year of born)

### To which religious community do you feel connected?

**Answer categories:**

0 = none

1 = Christian

2 = Jewish

3 = Islam

4 = Hindu

5 = other

### Do you belong to an ethnic minority?

If yes, can you please tell which one?

### Which class are you attending?

(it depends on national school systems)

### Which is your school?

(please indicate the name of your school)

### If you have any other comment or message for us, you can put it here:

(paragraph)

*This is the end of the survey. Thank you very much for filling it in!*